

## Badminton- Quick Vocab Revision

Name: \_\_\_\_\_

Combine the English words with the German translation.

centre line

server

handle

umpire

post

net

court

badminton racket

shuttle

side line (for singles/doubles)

Pfosten

Aufschlagende(r)

Schlägergriff

Badmintonschläger

Netz

Badmintonplatz(-feld)

Seitenlinie (für Einzel/Doppel)

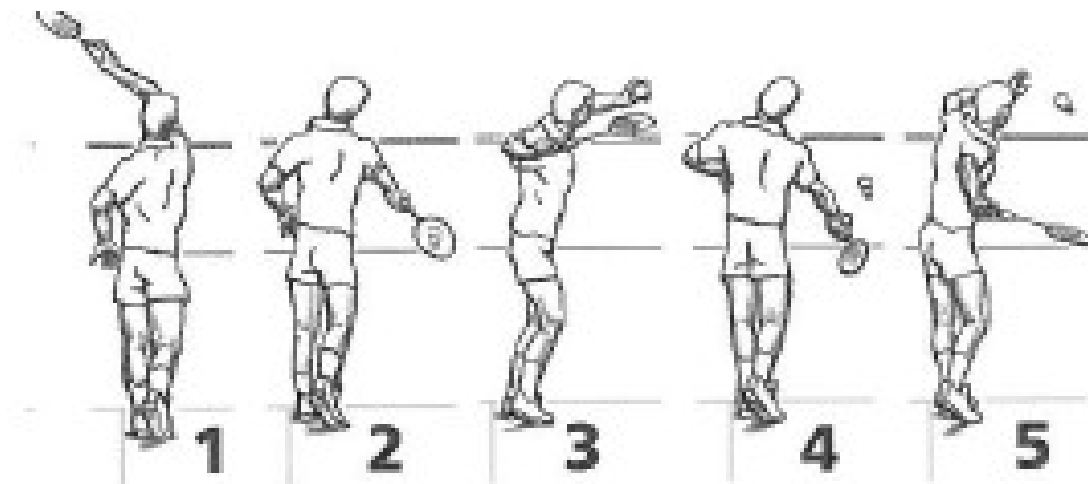
Mittellinie

Federball

Schiedsrichter(in)

## Test- High Serve

Put the images below into the correct order.



Order: \_\_\_\_\_

## Coach your partner- High Serve

Get together in **pairs!** Coach yourselves using the worksheet below!

Pay attention to the following aspects and correct your partner if necessary:

**Observe/check one element at a time and give feedback!**

Practice again!

Partner A serves 10-15 times, partner B observes and corrects.  
Use the following symbols to evaluate the quality of serving student:

<b>+</b>	<b>0</b>	<b>-</b>
<b>Well done</b>	<b>average</b>	<b>needs improvement</b>



### Starting position

Is shuttle held correctly at the cork base?    +    0    -



### Arm motion

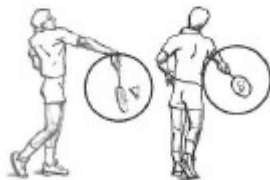
Is the arm extended and swung back?    +    0    -

Is the racket brought down and forward to hit the shuttle below the waist level?    +    0    -



### Body movement

Is the body weight transferred forward and the hip turned?    +    0    -



### Wrist motion

Does the wrist rotate at the point of impact?    +    0    -

Is the shuttle hit in front of the body?    +    0    -



### Follow through

Does the swing end at the opposite shoulder?    +    0    -